

# Why trying to be GOOD is so bad for you and the people around you!

## TERRI BRITT

FORMER MISS USA | SPEAKER | ENERGETIC HEALER  
AUTHOR | SPIRITUAL COACH



### Story & Show Ideas

- ◆ Breaking the Good Girl Rules: A Miss USA's Journey from Anger to Love.
- ◆ The #1 Massive Mistake most women make and how it sets them up for failure.
- ◆ Why women loving themselves first is the most important movement of the 21st Century.
- ◆ Yes - the Good Girl Rules hurt everybody.
- ◆ Why you are most effective when you stop trying to get it right.
- ◆ How any woman can go from an emotional mess to a leader of love and success.
- ◆ Why the secret to happiness for women is NOT trying to be like men.
- ◆ What's your Worthiness Quotient? What all women should know.
- ◆ Moms, Money & Miracles: How to end the #1 Massive Mistake moms make so you and your family thrive instead of survive.
- ◆ The #1 way to get off of the societal hamster wheel of stress and struggle - And it's not what you think!

### Media Experience

Hundreds of television and radio appearances, as well as print interviews, including former news anchor at Movietime, now known as the E! Channel.



*"I just wanted to let you know I met a listener on the street yesterday that told me she loved our interview with you so much that she stayed in the car until you were done before entering work!"*

~Liz Callaway, Hot Talk Morning Show Co-Host, WRNN 99.5 FM

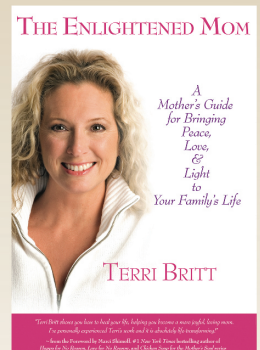
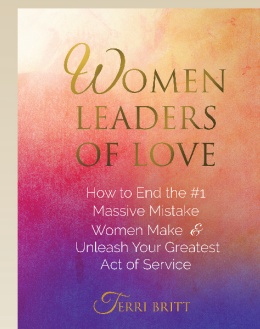
Free Media Downloads and press kit: [www.TerriBritt.com/media](http://www.TerriBritt.com/media)

Just prior to winning Miss USA 1982, **Terri Britt** put her fist in her boyfriend's window. She carried her emotional angst into the television industry and then as a wife and mom. Terri made a decision to heal and discovered where her pain stemmed from: she had been living by the Good Girl Rules to *win* love and approval. Terri said "No more!" to performing and "Yes!" to loving herself first, and then miracle after miracle showed up. Her relationships healed, her friends and family began loving themselves, too, and Terri discovered her deepest passion. For nearly 20 years as a spiritual coach, energetic healer, author and speaker, she has been helping women shift their vibrations and raise their Worthiness Quotients to inner and outer abundance. In her newest e-book, ***Women Leaders of Love: How to End the #1 Massive Mistake Women Make & Unleash Your Greatest Act of Service***, Terri explains the importance of women loving themselves first and says, "We women have the power to create immense change in our lives, homes, workplaces and the world. We claim that power when we *stop performing* and become **Women Leaders of Love**."

**WINNER**

**Best Spiritual Book  
of the Year**

New York & San Francisco  
Book Festivals



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