



Terri Britt Mini Bio

Just prior to winning Miss USA 1982, **Terri Britt** put her fist in her boyfriend's window. She carried her emotional angst into her career in the television industry and then as a wife and mom. Terri made a decision to heal and discovered where her pain stemmed from: she had spent her life trying to *win* love and approval. Terri said "No more!" to performing and "Yes!" to loving herself first, and then miracle after miracle showed up. Her relationships healed, her friends and family began loving themselves, too, and Terri discovered her deepest passion. For nearly 20 years as a spiritual coach, energetic healer, author and speaker, she has been helping women shift their vibrations and raise their Worthiness Quotients to inner and outer abundance.

Terri is the award-winning author of *The Enlightened Mom: A Mother's Guide for Bringing Peace, Love & Light to Your Family's Life*, as well as *Message Sent: Retrieving the Gift of Love*. She's been seen and heard on hundreds of media appearances, including *Today*, *NBC NY*, *Fox News Channel*, *People.com*, *Fox Business*, *iHeart Radio*, *K-Earth Radio* and *Good Day Atlanta*.

In her newest e-book, *Women Leaders of Love: How to End the #1 Massive Mistake Women Make & Unleash Your Greatest Act of Service*, Terri explains the importance of women loving themselves first and says, "We women have the power to create immense change in our lives, homes, workplaces and the world. We claim that power when we *stop performing* and become **Women Leaders of Love**." For more information, go to www.terribritt.com.